



Advanced Wellness Massage and Bodywork, LLC.

Coronavirus Response

Here at Advanced Wellness we know that these are stressful times and we want you to know that we take your health and safety very seriously. There are no guarantees when it comes to COVID-19 and reopening our practice, but we have put together a list of the protocols and precautions we are taking, and you will find them below.

Your appointment reminder email contains several screening questions, so please take the time to read them and reschedule your appointment if you have any signs or symptoms of COVID-19.

When you arrive for your appointment, please text me at [802-857-8423](tel:802-857-8423) to let me know that you have arrived and I will let you in when the office is ready.

Masks are required for you entire session. When you enter the office, we will take your temperature using a noncontact thermometer and ask you the screening questions again. Please wash your hands or use hand sanitizer before you enter the treatment rooms.

Each of the treatment rooms now have an air purifier and ceiling fan to help clean and circulate the air. I have also increased the time between sessions to 30 minutes to allow for cleaning and air purification.

We have a rigorous cleaning protocol after each session that includes cleaning any surface that had been or might have been touched, including, but not limited to, door handles, tables, light switches, lotion bottles and floor. We will be changing all table linens and cleaning the restroom between clients.

I will be changing my mask and shirt after each session as well as practicing frequent hand washing.

I hope that this gives you a bit of ease when it comes to making the decision to reschedule your regular massages. I understand that this is a very personal decisions and that some of you may not want to take the risk for several reasons, and I completely understand and respect that decision if that is the case.

For those that choose to reschedule their appointments, you can do so now. I will be back in the office on June 16th.

*I look forward to seeing you soon,
Heather*